

CCATS

Workshop Event

Understanding and Managing Trauma: Building Resilience

Thursday 19th
September 2019.

Westbourne House
3 Lockwood Ave
Poulton-Le-Fylde
Lancashire FY6 7AB



This one-day training event is designed for practitioners who work with children and adolescents (e.g. Local Authority, Residential Care Providers), or for anyone who has an interest in this area.

This event will aim to cover a range of areas such as:

- definitions of trauma;
- potential reactions to traumatic experiences;
- staff responses to individuals presenting with trauma symptoms;
- management of professional boundaries;
- management of behaviours that may occur as a result of experience of trauma;
- Trauma Informed Care (TIC);
- the factors that promote resilience in individuals following the experience of trauma;
- how staff members can maintain their wellbeing when dealing with challenging service users.

This training event is delivered by Kimberley McNeill, Forensic Psychologist in Training.

Kimberley works with child, adolescent and adult clients in forensic and community services, providing therapeutic intervention and collaborative assessments. She has experience delivering training in this area. She has also published in the area of trauma and is a trained EMDR practitioner.

The cost of this one day event is: £60 per delegate (+VAT), with lunch provided.



CCATS

Location of the Training Event

The training will be held in our dedicated training room, equipped with projector and wide screen at:

**CCATS
Westbourne House
3 Lockwood Avenue
Poulton-Le-Fylde
Lancashire
FY6 7AB
Telephone: 01253 896444**

The venue is a 1 minute walk from Poulton-Le-Fylde Train Station, which has regular connections from Preston Train station

Parking: These is a free car park that is a 5 minute walk from the CCATS Office.
This is at the:

**Civic Centre
Breck Road
Poulton-Le-Fylde
Lancashire
FY6 7PU**

This is a good size car park with over 200 parking spaces. Please ensure you do not park in the short stay area at the front or the car park. The long stay car park is at the rear.

To find the venue, please walk out of the car park to the main road and turn right at the traffic lights. Continue to walk until you see the train station on your left, and Lockwood Avenue is on the right.

Registration will start at 9:30am for a 10am start. The event will finish at 4pm. Tea and coffee will be provided. **Lunch will be provided.**

Car parking is a 5-minute walk from the training venue and is free.

This is detailed below.

If you are interested in attending this training event, please contact **Richard Noble**

Email:

training@ccats.org.uk

Alternatively, a booking form is attached at the end of this flyer.

For full details of Training Courses and Psychological Services provided by CCATS

please visit:

www.ccats.org.uk

CCATS Booking Form

To register and book your place/s at the training event please complete all fields in block capitals and return to:

Richard Noble, CCATS, Westbourne House, 3 Lockwood Avenue, Poulton-le-Fylde, Lancashire, FY6 7AB or by email to: training@ccats.org.uk

Course Title	UNDERSTANDING AND MANAGING TRAUMA: BUILDING RESILIENCE. THURSDAY 19TH SEPTEMBER, 2019.
Contact Name	
Organisation	
Address	
Post Code	
Telephone	
Email	
No. of places	
Delegates Names	

Training Event Rate: £60.00 (ex VAT) per delegate. Price includes refreshments and lunch.

Payment Method-

- By Cheque:** Cheques should be in Sterling and made payable to 'CCATS Ltd'
- By Invoice:** (Please enclose purchase order if required) (UK delegates only)
- By Credit/Debit Card:** Email Richard Noble, who will contact you to arrange payment (training@ccats.org.uk).

